

FINDING MY FUTURE

GROWS.AC.UK/FMF



INSIDE...

- ✓ ADVICE
- ✓ USEFUL LINKS
- ✓ FUN QUIZZES



NAME

SCHOOL

DATE STARTED



YOUR FUTURE YOUR WAY...

THE END OF YEAR 11 MAY SEEM FAR AWAY, BUT IT IS NEVER TOO SOON TO START THINKING ABOUT YOUR FUTURE AND YOUR NEXT STEPS

You're going to be busy with coursework and exams until you complete your GCSEs so the more research you can do now, the better prepared you will be. Thinking about your future also helps you understand why the qualifications you are studying for are important and gives you a goal to work towards.

An exciting future lies ahead of you. You can take control of it by making sure **you** know what's right for **you** and what **you** need to do to make your future great. You are an individual and need to make sure you stand out from the crowd.

GROWS has put together this workbook to help you explore the qualification and career options open to you. We've included links to some great online tools, guides and resources which can be accessed at home or at school.

Each activity builds on the previous one, so work through the booklet in order. By the end, you'll be well on your way to working towards your dream future.

Some tasks pose questions; you can check your answers at the back of this booklet but... no cheating!

Each task indicates how long we think it will take, but don't be ruled by this. You may be quicker or want to spend more time on a task – you are planning **your** future, so do it your way!



**ALL ONLINE RESOURCES USED ARE ACCESSED AT WWW.GROWS.AC.UK/FMF
YOU WILL NEED TO POP SOME BASIC DETAILS IN, JUST ONCE SO WE HAVE AN IDEA OF USAGE**

GCSEs AND BEYOND

You are working towards your **GCSEs**, which are also known as **Level 2** qualifications.

Ideally you'll need to achieve at least five Grade 4s or above, including in maths and English. Do this and you can progress to sixth form or college.*

Before your GCSEs are even over there will be lots of decisions to make. They include where to study, what subjects to study and what types of qualification to study. It's really important to explore all the options and make the right decision for you.

**YOU HAVE TO STAY IN
EDUCATION OR TRAINING
UNTIL YOU ARE 18**



**If you don't get your grade 4s in maths and/or English GCSE it may still be possible to progress to a level 3 course with the option to re-sit. This will depend on the entry requirements at your chosen sixth form or college and the courses you want to take.*

WHAT ARE YOUR OPTIONS?

Further Education – you'll also see this written as 'FE' – is study for a **Level 3** qualification after GCSEs, usually when you are 16-18.

Level 3 qualifications include **A levels**, **BTECs**, **T levels** studied in school sixth form or college, and **apprenticeships**.



WHAT FURTHER EDUCATION QUALIFICATION COULD I DO?



TASK
SHOULD TAKE 5 MINUTES

READ THE STATEMENTS BELOW AND PUT A TICK NEXT TO THOSE THAT BEST DESCRIBE YOU THEN, ADD UP THE NUMBER OF TICKS IN EACH COLUMN...

COLUMN A	COLUMN B
I prefer taking exams to doing coursework	I like practical work
I am interested in studying a variety of subjects	I have a career in mind
I am not sure what career I would like to follow yet	I prefer coursework to exams
I enjoy learning in a classroom environment	I'd like to get experience of a workplace linked to my career
I like many of the subjects I currently study	I'd like to study a subject more linked to a job
TOTAL TICKS IN A	TOTAL TICKS IN B

MOST TICKS IN COLUMN A: WHY NOT CONSIDER A LEVELS?

A levels, like GCSEs, are assessed mainly through exams. You can continue with subjects you took in Years 10 and 11 and/or take new ones, such as Dance, Journalism, Law and Psychology.

A level students study three or (sometimes) four different subjects, which will give you more choice if you decide to progress onto university. You can study A levels in sixth form or FE college.

FIND OUT MORE

www.grows.ac.uk/FMF Bright Knowledge

DID YOU KNOW...
THERE ARE OVER 80 A/AS
LEVEL SUBJECT CHOICES



MOST TICKS IN COLUMN B: WHY NOT CONSIDER STUDYING A VOCATIONAL QUALIFICATION OR AN APPRENTICESHIP?

Vocational courses are specialist, work-related qualifications that combine practical and theory work and assessed mainly through coursework.

Subjects are related to careers, for example animal care, childcare, engineering and sport. Vocational courses tend to cover one subject area which allows you to progress into work or higher education in the same field. BTECs and T levels are examples of vocational courses and are mainly studied at college or in some sixth forms.

FIND OUT MORE

www.grows.ac.uk/FMF T Levels

MIXTURE OF TICKS IN COLUMN A & B:
TURN OVER TO DISCOVER MORE...

MIXTURE OF TICKS IN COLUMN A & B:
SOME SCHOOLS AND COLLEGES HAVE AN OPTION TO STUDY A VOCATIONAL COURSE ALONGSIDE AN A LEVEL OR KEEP YOUR OPTIONS OPEN AT THIS POINT AND THINK ABOUT IT AGAIN AT THE END OF THE WORKBOOK.

APPRENTICESHIPS ARE FULL-TIME JOBS WITH TRAINING INCLUDED

They are assessed through practical evidence, assignments and exams. The majority of apprenticeships include four days a week of work and one day for learning/studying. Careers that offer apprenticeships include accounting, construction, marketing and social care. Colleges and training

providers can assist you in finding an apprenticeship, however it is more likely you will need to find one yourself by approaching employers in the sector you are interested in. Once you find an apprenticeship job, your provider will contact your employer to organise the training. Most young people start at Level 2 / Intermediate level (same level as GCSE) as you will be learning new work-based skills. This usually takes one year after which you can progress to a Level 3 apprenticeship.

FIND OUT MORE

www.apprenticeships.gov.uk



TASK SHOULD TAKE 15 MINUTES

THERE ARE MANY FE COLLEGES AND SIXTH FORMS IN GLOUCESTERSHIRE AND HUNDREDS OF SUBJECTS TO CHOOSE FROM. GO ONLINE AND RESEARCH YOUR LOCAL SIXTH FORMS AND COLLEGES, THEN COMPLETE THE FOLLOWING:

The closest Further Education college is _____

One vocational course that is on offer there is _____

If the college has more than one campus (location), which campus is the course on? _____

The closest school with a sixth form is _____

It offers (insert number) different A level subjects including _____ , _____

and _____

A provider that offers apprenticeships near me is _____

One of the current vacancies is _____ , based in _____



EACH ROUTE OFFERS A RANGE OF SUBJECTS TO CHOOSE FROM. THE FOLLOWING SECTIONS WILL HELP YOU IDENTIFY EXCITING FUTURE CAREERS AND DISCOVER SUBJECTS YOU MIGHT WANT TO STUDY

THINGS TO REMEMBER

- **There is a wide range of post-16 options** to suit different learning styles and future career choices. Research them to understand which choices will suit you best.
- **All post-16 pathways can lead to university study** (although specific subjects are sometimes required).
- **Not all post-16 education is like learning at school.** There are practical options too and you could even have the opportunity to earn while you learn.
- **Whichever path you choose,** you will learn lots of new skills which will benefit you after further education.

START PLANNING YOUR FUTURE

MAKING DECISIONS ABOUT FUTURE QUALIFICATIONS CAN BE TRICKY IF YOU DON'T KNOW WHERE TO START

You may be lucky and know exactly which career you want to follow and which qualifications are needed.

Alternatively, you may be like lots of others in your year

Tick the box which reflects your career status

☐ I have a good idea what my future career is, it is... _____

☐ Right now, I don't know what my future career looks like... _____

who do not yet know what they want to study in the future, let alone what job they might do. It doesn't matter if you don't know. It doesn't even matter if you change your mind in a couple of years. What's important is that you start thinking about your future. That way you can begin to find out as much information as possible so you understand all your options.

GO ONLINE TO FIND YOUR DREAM CAREER

We all have our own unique personality, interests and skill sets, that's why it is important that you make choices that are right for you and not just follow your friends.

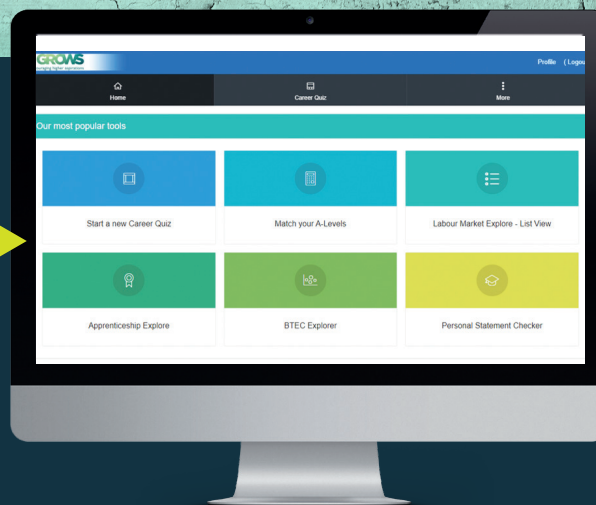
The online Careers quiz by **SACU** is an excellent tool that matches your personality to courses and careers through a picture-based quiz. All you need to do is click on the online pictures that appeal the most to you; if none of them do, make sure you click 'none of the above.'



TASK SHOULD TAKE 60 MINUTES

TAKE THE ONLINE QUIZ

- Go to www.grows.ac.uk/FMF 
- New Students Register
- Select your school from the dropdown menu
- **Use an email address you can access now** (you need to verify your email address)
- Enter your full name
- Create a password
- Don't worry about Voucher Code!
- Click REGISTER
- Open your email account and wait for an email from SACU (check your JUNK folder)
- **Open email from SACU student** and click 'Click here to share my information'
- Complete the registration process by logging in with your new details



Once registration is completed your homepage will look something like this (above)

Click on 'Start a new Career Quiz'

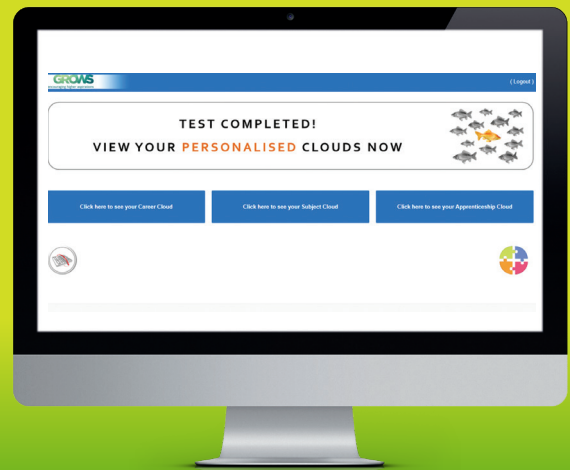
(top of left list)

Click on 'Start new' Follow the instructions

ONCE COMPLETED YOU WILL SEE THREE OPTIONS

Your Careers Cloud contains lots of jobs based on your picture choices. Did some of them surprise you? Jot down your top 10 jobs in the cloud below.

(If you click on the menu button to the top right and select 'Top 10', a list appears of subjects and careers, look at the list on the right for careers top ten).



CLICK ON THE CAREERS CLOUD

1.

Put your top career choice in the centre, in the largest text and next to no 1.

Then write the numbers 2-10 around the cloud and fill in your next nine picks.



TASK
SHOULD TAKE 5 MINUTES



CLICK ON THE CAREERS CLOUD

Write down two careers you thought would be in your top 10 but were not...

You are allowed to give a thumbs down to any you really don't like the thought of! You can explore lots of information related to the careers in the cloud such as job vacancies and which higher education course to study. Another helpful area to research is labour market information. Often referred to as LMI, this gives you information about things like starting salaries and which jobs are in demand.

Pick a career or the career that is your number one. My career is _____

Click on that career and chose a job role. The job role is _____

What is the weekly pay in the South West for that role? _____

How many people will be employed in this role in 2024? _____

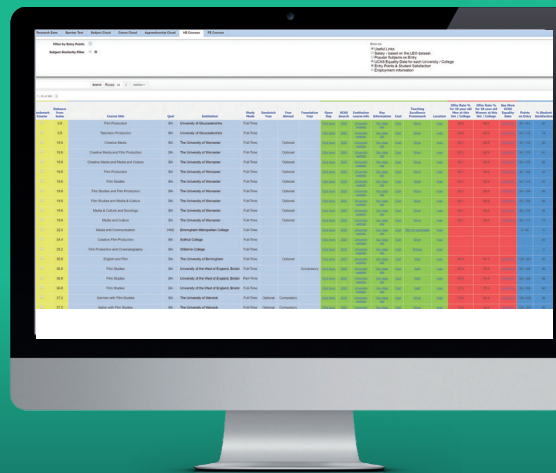
What are the average earnings in this role at age 20? _____ 40? _____

What other facts have you found out about this role? _____

Which qualifications are needed for this role? _____

REPEAT THIS FOR ANY OF THE OTHER CAREER AREAS THAT INTEREST YOU

Put them in the cloud below



Put your No 1 subject choice in the centre, in the largest text and next to no 1.
Then write the numbers 2-10 around the cloud and fill in your next nine picks.



TASK

SHOULD TAKE 5 MINUTES



HAVING AN IDEA OF WHAT YOU MIGHT WANT TO STUDY AFTER FURTHER EDUCATION CAN HELP WHEN YOU COME TO CHOOSE SUBJECTS OR QUALIFICATIONS FOR LEVEL 3 (SUCH AS A LEVELS, T LEVELS ETC)

My subject area is _____

Choose a course, my course title is _____

The nearest place I can study it at is _____

The furthest place I can study it at is _____

Student satisfaction is _____ %

(this is the percentage of students who were satisfied with the uni course)

Click on the gov data site link, which is under the key information column then see course info, entry information

Which qualification has the highest percentage? _____

THE APPRENTICESHIP CLOUD

WHAT ARE YOUR TOP APPRENTICESHIPS?
PUT THEM IN THE CLOUD BELOW...

YOU MAY NOT HAVE AS MANY
OPTIONS FOR APPRENTICESHIPS
AS YOU DID FOR CAREERS
OR SUBJECTS

This is because they are not as common as other pathways.

If you are interested in an apprenticeship, be aware they are quite competitive as there are often lots of young people applying for the same role



IF YOU FOUND AN APPRENTICESHIP...

Click on one apprenticeship area that interests you, what is it? _____

Click on 'view current vacancies', then 'England'; make sure it is sorted by distance

What is the vacancy that appears first? _____

What is the salary? _____

How far away is it? _____

If the Career, Subject and Apprenticeship Clouds were not what you were expecting, check back to see if any of the words they generated relate to something you enjoy. For example, if you were expecting English to appear, journalism may have appeared instead or, if you want to be a nurse, physiotherapy may feature in your cloud. Quite different careers can have lots of things in common, such as working with people; this may have been picked up when you did the quiz.



IF YOU WANT TO FIND OUT MORE ABOUT COURSES YOU CAN STUDY AT HIGHER EDUCATION OR IF THE SUBJECTS IN YOUR SUBJECT CLOUD WERE NOT WHAT YOU WERE EXPECTING, VISIT [WWW.UKAS.COM/EXPLORE](http://www.ukas.com/explore) AND SEARCH THROUGH THE SUBJECT GUIDES OR USE THE ONLINE TOOL TO FIND A COURSE SUITED TO YOU

THINGS TO REMEMBER

- The information in the three clouds may have given you some **ideas for potential careers or subjects to study after GCSEs.**
- **Even if you already have a career in mind,** the Career Cloud should have given you more options in your career field.
- **Every apprenticeship is not available in every location.** You need to make sure you are aware of the options, which change frequently.

WHAT ABOUT JOBS?

THE WORLD OF WORK IS CHANGING ALL THE TIME

NOW THAT YOU HAVE EXPLORED SOME POTENTIAL CAREERS, YOU NEED TO EXPLORE WHAT KINDS OF JOBS WILL BE AROUND WHEN YOU ARE READY TO ENTER THE JOB MARKET

Some job roles that used to be in demand are being replaced by technology. These include jobs on car production lines and in the farming industry. Many manufacturing jobs are now located overseas where parts and labour are often cheaper.

It's useful for you to know about these changes, also known as labour market information (LMI). It's important that the job you plan for is one that is likely to be around in the future.



TASK
SHOULD TAKE 8 MINUTES

LOOK AT THE JOBS BELOW, DO YOU THINK THEY ARE **HOT JOBS (INCREASING IN NUMBER) OR **COLD** JOBS (DECREASING IN NUMBER)?**

MARK 'H' FOR **HOT OR 'C' FOR **COLD** NEXT TO EACH JOB...**

- | | |
|---|---|
| ☐ Physics Teacher | ☐ Office Administration Assistant |
| ☐ Military Operative | ☐ Cyber Security Analyst |
| ☐ Social Media Manager | ☐ IT Engineer (Computers) |
| ☐ Social Worker | ☐ Factory Assembler |
| ☐ Supermarket Checkout Operative | ☐ Healthcare - doctors, nurses, paramedics |
| ☐ Dairy Farmer | ☐ Special Effects Movie Artist |
| ☐ Green Energy Researcher | |

**CHECK YOUR ANSWERS ON PAGE 18.
IS THERE ONE THAT SURPRISED YOU?**



CAN YOU MATCH ONE OF THE HOT AND COLD JOBS TO EACH OF THE CATEGORIES BELOW?
USE YOUR KNOWLEDGE OF THE WORLD OF WORK AND THE INFORMATION IN THE MIDDLE COLUMN TO DETERMINE WHICH JOBS MIGHT BE AFFECTED

WHAT IS CHANGING	HOW CAN IT AFFECT JOBS?	WHICH JOB ROLE MIGHT BE IN DEMAND?
New technology is being developed all the time	Crime is becoming more sophisticated and now takes place in the virtual world, as well as the real one	
More people on the planet	Better medicines and knowledge of health means people live longer lives. Populations are also growing	
The IT skills of people around the world are improving	We expect bigger and better special effects in our movies	
Climate change is a global problem	More research into saving energy and developing greener technologies	

GO TO WWW.GROWS.AC.UK/FMF  CAREEROMETER
REMEMBER YOUR NO 1 CAREER FROM THE SACU QUIZ? SEE IF YOU CAN FIND IT

What is the growth rate? _____ %

Creating how many jobs by 2027? _____

What is the projected number of job openings for this career area? _____

Do you think this job is classed as a hot or a cold job? HOT ☐ COLD ☐

LOOK UP ANY OTHER JOBS THAT INTEREST YOU AND JOT DOWN THE MAIN FIGURES



THINGS TO REMEMBER

- **No-one can be completely sure which jobs will or won't be available in the future** HOWEVER some jobs are essential and cannot be completed by robots.
- **Some jobs that will exist in the future haven't even been thought of yet.** In 2007 the first iPhone was released. The rise of the smartphone has created hundreds of linked job roles that exist today.
- **As the world changes, so does the job market.** Having transferable key skills and qualifications is important to ensure you are ready for a range of jobs.

GAINING THE SKILLS

FOR SUCCESS



NO MATTER WHAT CAREER CHOICE YOU MAKE, IT IS IMPORTANT TO HAVE A RANGE OF TRANSFERABLE SKILLS

To help you make informed choices about your future, it's really useful to explore the skills you have now, the

skills you are best at and which ones you might need to work at to improve.

You will often hear employers talking about hard and soft skills. Some of these skills you gain just by going through your day-to-day lives, others you can work on to improve and increase your employability prospects.

HARD SKILLS =
TEACHABLE SKILLS
LIKE COMPUTER
PROGRAMMING,
READING, WRITING
AND MATHS



SOFT SKILLS =
PERSONAL ATTRIBUTES
YOU DEVELOP
LIKE TEAMWORK,
COMMUNICATION AND
LISTENING SKILLS



TASK
SHOULD TAKE 10 MINUTES

FROM THE LIST BELOW, MATCH UP THE JOBS WITH THE SOFT SKILLS REQUIRED

- Communication
- Negotiation
- Organisation
- Leadership
- Problem solving
- Creative
- Independent thinking
- Time management
- Critical thinking
- Presentation skills

ANSWERS ON PAGE 18



Housing Architect		Cyber Security Analyst	
Engineer		A&E Nurse	
Secondary School teacher		Your SACU career?	

EMPLOYERS WILL LIST KEY HARD AND SOFT SKILLS IN JOB ADVERTS. THE MORE YOU KNOW ABOUT YOURSELF AND THE MORE SOFT SKILLS YOU CAN DEMONSTRATE, THE MORE EMPLOYABLE YOU BECOME



TASK

SHOULD TAKE 20 MINUTES

HERE ARE THE TOP SOFT SKILLS EMPLOYERS LOOK FOR

Indicate which of your soft skills you feel confident about in the green column, which ones are you working on in the amber column and, in the red column, which ones you have no experience of.

Remember, soft skills are developed in all aspects of your life: school, sports field, outside clubs and interests, even during trips to the supermarket (communication!). **Think about all aspects of your life.**

	GREEN	AMBER	RED
COMMUNICATION			
ORGANISATION			
PROBLEM SOLVING			
CREATIVE			
INDEPENDENT THINKING			
TIME MANAGEMENT			
LEADERSHIP			
CRITICAL THINKING			
PRESENTATION SKILLS			
TEAMWORK			

FOR ANY THAT ARE RED, CAN YOU THINK OF WAYS TO IMPROVE THAT SKILL?

Are there opportunities coming up where you can work on them?

eg Mock exams, working at home, volunteering, clubs.

Set yourself some targets to increase your soft skills

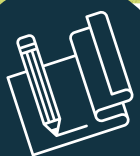
EXAMPLE			
WHICH SOFT SKILL DO YOU WANT TO INCREASE?	Leadership		
HOW ARE YOU GOING TO ACHIEVE THAT?	Next time we have group work at school I will ask to lead the group discussion		
WHEN ARE YOU GOING TO ACHIEVE IT?	By May half-term		
HOW WILL YOU KNOW THAT YOU HAVE DEVELOPED THIS SKILL?	I will feel more confident leading a discussion		



TASK

SHOULD TAKE 10 MINUTES

GO TO WWW.GROWS.AC.UK/FMF  AND COMPLETE THE EXERCISE TO MATCH YOUR EXPERIENCE TO SKILLS
You will need to register and gain a log in.



TASK

SHOULD TAKE 8 MINUTES

Employers like to have rounded individuals who have qualifications, hard and soft skills AND who also fit into their organisation. In this section you will explore a bit about your personality and how that might translate in the world of work. The Buzz quiz is a quick and fun way to find out a bit about the type of person you are. There are 16 possible results, each represented by an animal. The results indicate what you would be like as a boss, give you some top tips, outline suitable careers and show you which celebrities share the same personality traits as you.

TAKE THE BUZZ QUIZ BY FOLLOWING THE INSTRUCTIONS
WWW.GROWS.AC.UK/FMF 

Which animal are you? _____

What are the 'Top Tips' for your character animal? _____

What jobs does your character animal tend to work in? _____

Do you think this is like you? Why? _____

DO YOU RECOGNISE ANY OF THE FAMOUS PEOPLE WHO SHARE YOUR ANIMAL TYPE? MAKE A NOTE OF THEM



TASK

SHOULD TAKE 5 MINUTES

PUT TOGETHER THE DIFFERENT ASPECTS OF THE LAST FEW TASKS.

What are your three best soft skills **1.** _____ **2.** _____ **3.** _____

Which jobs did your animal type do well in? _____

Are there any matches? _____

THINGS TO REMEMBER

- **Building up a range of key skills** – both hard and soft – is really important as all employers look for people with a wide range of skills.
- **You can improve your soft skills in a range of ways,** but first you need to know which ones you have already nailed and which need a bit of work.

WHY CONSIDER UNIVERSITY?

PREPARING FOR YOUR FUTURE CAN HELP YOU WHEN MAKING IMPORTANT DECISIONS ON YOUR JOURNEY

It might seem way too early to think about life after GCSEs let alone after sixth form or college but it's worth considering now. Studying after sixth form/college is known as Higher Education, often referred to as HE.

As you've seen from the other activities, university-level qualifications are required for some jobs. Sometimes it is necessary to have a specific qualification, eg in teaching, nursing, or as a solicitor. However, many employers want employees with degrees (university qualifications) and don't specify a particular subject. They are more interested in the broader skills university-qualified employees have gained.

WATCH THE ANIMATION AT [GROWS.AC.UK/FMF](https://grows.ac.uk/fmf)  GROWSANIMATION



TASK SHOULD TAKE 5 MINUTES



BY 2027, AROUND 55% OF PEOPLE IN EMPLOYMENT ARE EXPECTED TO BE QUALIFIED AT LEVEL 4

AFTER WATCHING THE ANIMATION, ANSWER THE FOLLOWING QUESTIONS...

1. Write down the four jobs requiring a degree _____
2. How many HE courses are there to choose from? _____
3. Is going to university free? _____
4. Why do employers like university graduates? _____

Having higher qualifications definitely keeps your options open

By 2027 over half the jobs in the UK will require qualifications beyond sixth form/college (Level 4 or above). if you can only apply for 45% of jobs, your options will be limited. There are a range of routes to gain a university-level qualification. As long as you have the right Level 3 qualifications, this can be an option for everyone.

AS WELL AS BOOSTING YOUR CHANCES OF BAGGING YOUR DREAM JOB, THERE ARE OTHER GREAT REASONS TO GO TO UNIVERSITY...

- **Get the skills employers want** – as a student you gain a huge range of skills such as independence, communication, research, IT and presentation skills to name a few.
- **Earn more** – you are likely to earn a higher salary as a graduate.
- **You are more employable as a graduate**, the demand for people with degrees is increasing all the time.
- **Getting future ready** – technology is constantly changing, you've seen in the hot and cold jobs activity that jobs are changing, the skills needed are changing and it's important to keep up. Many new jobs will require a higher level qualification.
- **It's about more than being in a classroom**, you meet a huge range of people and have access to lots of opportunities.

ANSWERS
ON PAGE 18



TASK

SHOULD TAKE 10 MINUTES

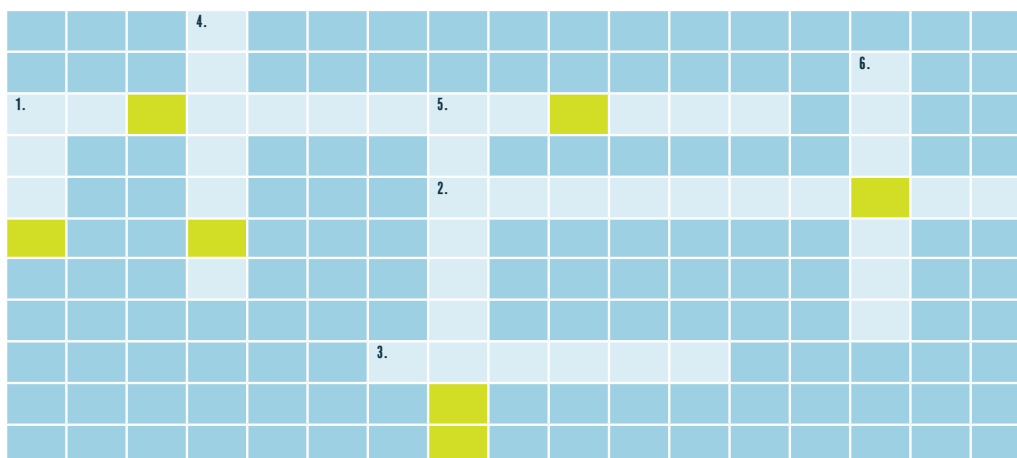
JARGON BUSTER CROSSWORD - SEE IF YOU CAN COMPLETE THE CROSSWORD BELOW USING THE CLUES, ALL THE WORDS RELATE TO UNIVERSITY...

ACROSS

1. This is what a student is called while studying for a degree
2. This is the booklet that gives information about a university to a student thinking of studying a degree
3. This is the location of a university's buildings, where students study

DOWN

1. Students apply to university through this organisation
4. Students are known as this in their first year of studying
5. When a student applies to university they are called this
6. Students attend this and are taught in a really large group and room



REARRANGE THE LETTERS IN THE GREEN SQUARES TO SPELL OUT...

There's plenty of time to think about university, but some of the decisions you make now can affect your choices later on. GCSEs are the first important step. Whichever future path you take, it all starts with GCSEs. Try hard to achieve Grades 9-4 in Maths and English - they can be influential throughout your life.

ANSWERS
ON PAGE 18



TASK

SHOULD TAKE 5 MINUTES

WHETHER YOU LOVE SCHOOL OR CAN'T WAIT TO LEAVE, UNIVERSITY LIFE IS VERY DIFFERENT TO SCHOOL DEPENDING ON THE SUBJECT YOU CHOOSE, IT CAN BE COMPLETELY DIFFERENT. FOR EACH STATEMENT MARK WITH A 'U' IF YOU THINK IT DESCRIBES UNIVERSITY, OR PUT AN 'S' IF YOU THINK IT DESCRIBES SCHOOL.

- | | | |
|---|---|--|
| ☐ Class sizes can go up to 300 learners | ☐ You have to pay fees | ☐ You study one or two subjects |
| ☐ You don't need to live at home, but you can | ☐ You study lots of subjects | ☐ There's independent learning time |
| ☐ Teaching is about 25 hours a week | ☐ You need to ask for help | ☐ There's homework |
| ☐ Teaching is on average about 15 hours a week | ☐ You are more independent | ☐ It is free |

MY

GOALS...

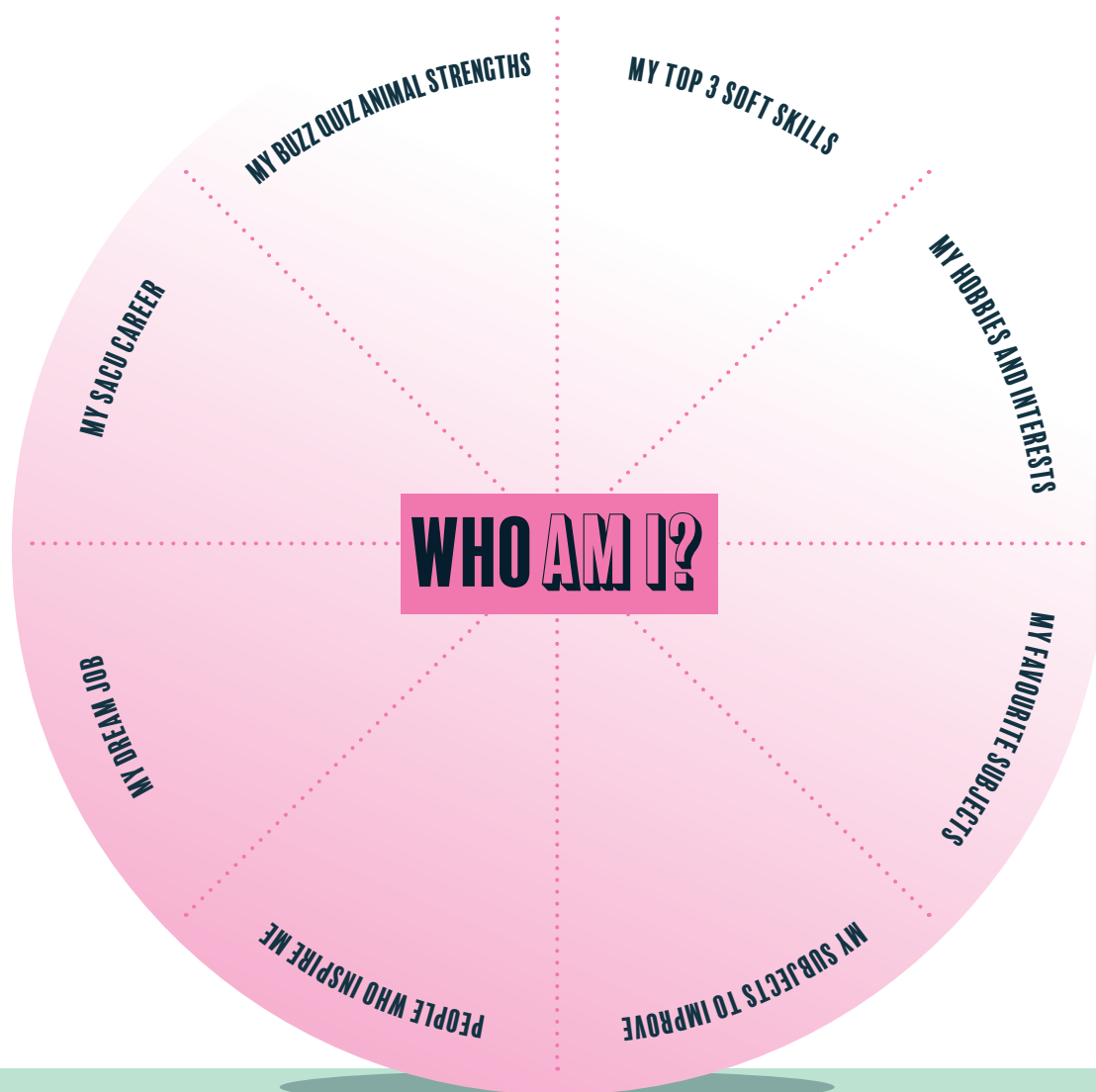


TASK

SHOULD TAKE 10 MINUTES

RIGHT... YOU'VE EXPLORED YOUR OPTIONS AFTER GCSEs, LOOKED AT POTENTIAL CAREERS AND WHETHER THEY WILL BE AROUND IN THE FUTURE, ASSESSED YOUR SOFT SKILLS AND PERSONALITY TYPE, AND LEARNED MORE ABOUT HIGHER EDUCATION.

NOW IT'S TIME TO BRING IT ALL TOGETHER AS A GOAL MAP, THIS WILL HELP YOU SET SOME GOALS AND ACTIONS TO ACHIEVE THOSE GOALS. COMPLETE EACH SEGMENT OF THE CIRCLE, TO HELP YOU IDENTIFY WHO YOU ARE AND WHAT YOU ENJOY



MY GOALS

Now you have some ideas of your strengths and areas for improvement or future dreams, let's think about setting some specific goals. Think about the ages below and where you want to be, what job? Driving? Studying? Own a house? Have your own family? Own your own business?

By the time I am 16, I would like to...

By the time I am 18, I would like to...

By the time I am 25, I would like to...

MY

GOAL MAP...



TASK

SHOULD TAKE 10 MINUTES

USE THE GOAL WHEEL YOU CREATED AS A GUIDE AND WORK BACKWARDS FROM YOUR DREAM JOB TO COMPLETE A GOAL MAP

WHAT IS
MY DREAM JOB?

WHAT HIGHER
EDUCATION COURSE(S)
SHOULD I TAKE?

WHAT POST-16 OPTIONS
SHOULD I TAKE?

WHAT GCSE SUBJECTS
DO I NEED TO WORK ON?

WHAT WORK EXPERIENCE
OR VOLUNTEERING
SHOULD I DO?

SUBMIT YOUR GOAL MAP TEXT TO **WIN A PRIZE** WWW.GROWS.AC.UK/FMF ☐ **FEEDBACK**



**WIN
A PRIZE!**

ON PAGE 11 YOU SET YOURSELF SOME TARGETS TO IMPROVE
YOUR SOFT SKILLS. REMIND YOURSELF WHAT THEY ARE BELOW...

Soft skill target one is to...

Soft skill target two is to...

BE YOUR BEST SELF...



AFTER COMPLETING THIS WORKBOOK,

**YOU SHOULD HAVE A BETTER IDEA OF WHAT
YOUR FUTURE MIGHT LOOK LIKE, AND HOW YOU**

MIGHT GET THERE. NOW IT IS UP TO YOU...

**LIFE ISN'T JUST ABOUT GETTING
QUALIFICATIONS AND SKILLS,
IT IS IMPORTANT THAT YOU
TAKE OPPORTUNITIES THAT
COME YOUR WAY**

By taking up as many experiences as you can, you are discovering, exploring, learning and becoming a more rounded person. Experiences, especially out-of-school experiences, help you stand out from the crowd and give you real-life examples to show to colleges, universities and employers who you are

**MAKE SURE YOUR FREE TIME ISN'T
WASTED. MAYBE YOU COULD...**

- Take on a volunteering role
- Look into the Duke of Edinburgh Award
- Ask someone in your family to give you work experience
- Find a free experience close to home
- Start a new sport or hobby

**GROWS PARTNERS WITH SCHOOLS ACROSS
GLOUCESTERSHIRE TO PROVIDE A RANGE OF
ACTIVITIES AND EVENTS THAT GIVE YOU AN
INSIGHT INTO UNIVERSITY LIFE AND A RANGE
OF CAREER AREAS.**

**How do you know if you love something you've
never tried?** Lots of our events cover subjects and careers you probably won't have experienced at school before. Sometimes you have to try something to know!

**GO TO WWW.GROWS.AC.UK TO SEE ALL OUR
EVENTS AND ACTIVITIES PLUS A RANGE OF USEFUL
RESOURCES. YOU CAN ALSO SIGN-UP FOR UPDATES
AND INVITES TO FUTURE EVENTS**

Complete our form to let us know how you got on and we can make changes to future booklets

www.grows.ac.uk/FMF  **Eval Form**



C - Physics Teacher	H - Dairy Farmer	C - Factory Assembler
C - Military Operative	H - Green Energy Researcher	H - Healthcare - doctors, nurses, paramedics
H - Social Media Manager	C - Office Administration Assistant	H - Special Effects Movie Artist
H - Social Worker	H - Cyber Security Analyst	
C - Supermarket Checkout Operative	H - IT Engineer (Computers)	

WHAT IS CHANGING

WHAT IS CHANGING	WHICH JOB ROLE MIGHT BE IN DEMAND?
New technology is being developed all the time	Cyber Security Analyst
More people on the planet	Nurse, Doctor, Paramedic
The IT skills of people around the world are improving	Special Effects Movie Artist
Climate change is a global problem	Green Energy Researcher

Housing Architect - Presentation skills, Communication, Creative Problem Solving

Engineer - Critical Thinking, Problem Solving, Independent Thinking, Communication

Secondary School teacher - Communication, Time Management, Organisation, Creative

Cyber Security Analyst - Critical Thinking, Creative Problem Solving, Independent Thinking

A&E Nurse - Communication, Time Management, Organisation, Problem Solving, Leadership

1. Teacher, Doctor, Vet, Engineer 2. Over 37,000 3. No 4. They learn a range of skills useful at work

[illegible]

- Class sizes can go up to 300 learners
- You don't need to live at home, but you can
- Teaching is about 25 hours a week
- Teaching is on average about 15 hours a week
- You have to pay fees
- You study lots of subjects
- You need to ask for help
- You are more independent
- You study one or two subjects
- There's independent learning time
- There's homework
- It is free

FIND OUT MORE...



**LINKS TO USEFUL WEBSITES WITH
INFORMATION ABOUT HIGHER
EDUCATION (HE), CAREERS AND MORE...**

GROWS.AC.UK

INFORMATION AND RESOURCES FOR YOU AND YOUR PARENTS ABOUT FURTHER AND HIGHER EDUCATION, BOTH LOCALLY AND NATIONALLY

GROWS.AC.UK/SACU

IMPARTIAL CAREERS INFORMATION, INCLUDING THE SPARTAN TEST WHICH MATCHES YOUR PERSONALITY TO HE COURSES AND CAREERS

CAREERPILOT.ORG.UK

PROVIDES INFORMATION ABOUT DIFFERENT QUALIFICATIONS AND JOB SECTORS AND ALLOWS YOU TO RECORD YOUR SKILLS AND HOW THEY LINK TO HE

STUDENTLADDER.CO.UK

GCSE, A-LEVEL AND UNIVERSITY STUDENTS SHARE KNOWLEDGE AND TIPS ON STUDIES, UNIVERSITY APPLICATIONS, CAREERS AND STUDENT LIFE

ICOULD.COM

CAREERS SITE WITH PERSONAL STORIES AND BUZZ QUIZ TO HELP YOU FIND YOUR STRENGTHS AND WHAT CAREERS YOU COULD DO

UCAS.COM

INFORMATION ABOUT THE RANGE OF COURSES OFFERED AT UNIVERSITIES AND WHERE THEY CAN LEAD

PROSPECTS.AC.UK

INFORMATION ABOUT GRADUATE JOBS, INCLUDING QUALIFICATIONS AND WORK EXPERIENCE REQUIRED

THESTUDENTROOM.CO.UK

THE UK'S BIGGEST STUDENT COMMUNITY, PROVIDING INFORMATION AND GUIDANCE TO YOUNG PEOPLE

DISCOVERUNI.GOV.UK

THE UNI CONNECT PROGRAMME FROM THE OFFICE FOR STUDENTS OFFERS ACTIVITIES, ADVICE AND INFORMATION ON THE BENEFITS AND REALITIES OF GOING TO UNIVERSITY OR COLLEGE

